

**WOMEN, FATHERLESS, AND ROMANTIC RELATIONSHIPS
(A DESCRIPTIVE QUALITATIVE STUDY OF COMMUNICATION AND
IDENTITY CONSTRUCTION OF FATHERLESS WOMEN IN
ROMANTIC RELATIONSHIPS)**

UNDERGRADUATE THESIS



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**PEREMPUAN, *FATHERLESS*, DAN HUBUNGAN ROMANTIS (STUDI
KUALITATIF DESKRIPTIF TERHADAP KOMUNIKASI DAN
KONSTRUKSI IDENTITAS PEREMPUAN *FATHERLESS*
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PREFACE

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ABSTRAK

Penelitian ini bertujuan untuk mengetahui gaya komunikasi dan konstruksi identitas perempuan *fatherless* dalam hubungan romantis di Surabaya. Dari 53 responden, 38 % mengalami *fatherless* berupa ayah hadir secara fisik namun tidak hadir secara emosional, 28 % perceraian, 20 % ayah masih hidup namun tidak hadir secara fisik dan secara emosional (penelantaran), dan 14 % kematian ayah. Menggunakan kerangka Woolfolk (2016) dan metode kualitatif deskriptif, wawancara mendalam menunjukkan pola bahwa perempuan *fatherless* membutuhkan pasangan untuk mengisi kekosongan emosional dan mengambil kontrol dalam hal komunikasi, perhatian, atau kedekatan. Sosok ideal mereka berlawanan dengan ayah sebagai strategi koping. Citra diri terbentuk sebagai pengisi kekosongan yang aktif memelihara keamanan emosional. Temuan menegaskan bahwa kontrol relasional adalah benang merah gaya komunikasi dan identitas perempuan *fatherless*. *Fatherless* tidak hanya berdampak pada psikologis perempuan, namun juga turut membentuk gaya komunikasi yang destruktif dalam hubungan romantis.

Kata kunci: Perempuan *fatherless*, hubungan romantis, komunikasi, konstruksi identitas.

ABSTRACT

This study aims to examine the communication styles and identity construction of fatherless women in romantic relationships in Surabaya. Of 53 respondents, 38% experienced fatherlessness as a physically present but emotionally absent father, 28% due to divorce, 20% as neglect (father alive but absent both physically and emotionally), and 14% due to paternal death. Using Woolfolk's (2016) framework and a descriptive qualitative approach, in-depth interviews revealed that fatherless women seek partners to fill their emotional voids and take control over communication, attention, or intimacy. Their ideal partner image consistently contrasts with their father as a coping mechanism. Their self-image emerges as active "void-fillers" who work to maintain emotional security. The findings confirm that relational control is the common thread linking communication styles and identity among fatherless women. The absence of a father not only has psychological impacts but also shapes destructive communication patterns in romantic relationships.

Keyword: fatherless women, romantic relationship, communication, identity construction.

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